

**JONATHAN**<sup>TILLEY'S</sup>  
— INNER CIRCLE —

**BOOST YOUR  
PRODUCTIVITY  
WORKBOOK**

Being more productive isn't just something where you wake up and are more productive than you were before.

Being more productive is the result of small daily habits that turn into behaviour that turn into routines that make you more productive.

So if you want to be more productive, you have to look at the habits you have now, figure out what's serving you and what's not, and build better habits, in order to build better behaviour, in order to build better routines, in order to be more productive.

And being more productive means that you will get to success faster and therefore reach freedom sooner.

There is a direct correlation between the habits you have and the freedom you experience or want to experience in the future.

After all, productivity is doing something that feels better than miserable, and later on gives you more freedom.

In gratitude,

*Jonathan*



# FIND YOUR FREEDOM

ANSWER THESE QUESTIONS WITH YOUR PERSONAL LIFE AND YOUR BUSINESS IN MIND.

IN YOUR PERSONAL LIFE, WHAT DOES FREEDOM FEEL LIKE TO YOU?

IN YOUR BUSINESS, WHAT DOES FREEDOM FEEL LIKE TO YOU?

IN YOUR PERSONAL LIFE, WHEN DO YOU FEEL FREEDOM?

IN YOUR BUSINESS, WHEN DO YOU FEEL FREEDOM?

IN YOUR PERSONAL LIFE, WHERE DO YOU FEEL FREEDOM?

# FIND YOUR FREEDOM

ANSWER THESE QUESTIONS WITH YOUR PERSONAL LIFE AND YOUR BUSINESS IN MIND.

IN YOUR BUSINESS, WHERE DO YOU FEEL FREEDOM?

IN YOUR PERSONAL LIFE, WHO DO YOU FEEL FREEDOM WITH?

IN YOUR BUSINESS, WHO DO YOU FEEL FREEDOM WITH?

IN YOUR PERSONAL LIFE, HOW CAN YOU FEEL EVEN MORE FREEDOM IN THE FUTURE?

IN YOUR BUSINESS, HOW CAN YOU FEEL EVEN MORE FREEDOM IN THE FUTURE?

# MY MORNING HABITS

WRITE DOWN EVERYTHING YOU DO IN THE MORNING TO GET YOURSELF READY FOR A NORMAL WORKDAY. THE MORE HYPER-SPECIFIC YOU ARE, THE BETTER.

MY ALARM GOES OFF AT \_\_\_\_\_ AND THE VERY NEXT THING I DO IS.....

THEN THE VERY NEXT THING I DO IS.....

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THEN THE VERY NEXT THING I DO IS.....













# MY OPTIMISED MORNING ROUTINE

5 am

6 am

7 am

8 am

9 am

10 am

# MY OPTIMISED EVENING ROUTINE

6 pm

7 pm

8 pm

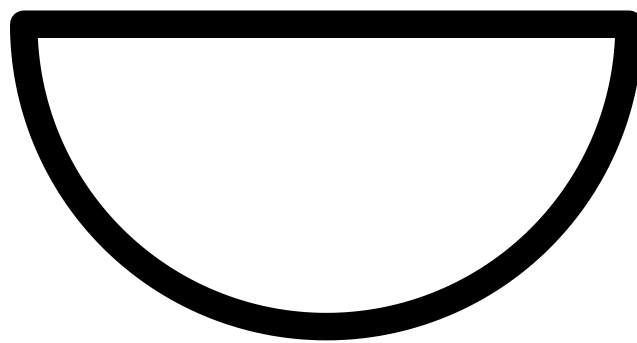
9 pm

10 pm

11 pm

# MY OPTIMISED WORKSPACE

MY DESK



MY CHAIR

# MY OPTIMISED WORKSPACE

WHAT THINGS IN YOUR WORKSPACE CAN YOU UPGRADE  
THAT WILL HELP YOU BE MORE PRODUCTIVE  
AND WIN THE TIME LOTTERY?

A NEW PRINTER? A CRM TOOL? UPGRADING YOUR STORAGE ON DROPBOX? SUBSCRIBING TO WETRANSFER PLUS? WHAT CAN YOU UPGRADE NOW THAT WILL SERVE YOU AND YOUR BUSINESS THAT WILL SAVE YOU MORE TIME, ENERGY, AND MONEY IN THE FUTURE? AND WHAT THINGS CAN YOU LET GO OF NOW THAT AREN'T SERVING YOU AND ARE HINDERING YOUR FEELING OF FREEDOM?

# MY OPTIMISED WORKDAY ROUTINE

8 am

9 am

10 am

11 am

12 pm

1 pm



# MY OPTIMISED WORKDAY ROUTINE

2 pm

3 pm

4 pm

5 pm

6 pm

7 pm

## SPECIAL BONUS:

You may not know exactly what to do yet for your marketing but you know you need to do something. You've put it into your optimised workday routine to give it a place to breathe so you can start to work smarter, not harder on your marketing.

Well I've got something for you. My online course League Of List Builders - the creative person's marketing plan to know *exactly* what to say, when to say it, and who to say it to.

Thousands of creatives have taken this online course to get massive results. The structure and strategy is all there in League Of List Builders. And as luck would have it, the VIP Wait List for League Of List Builders is now open.

When you join the VIP Wait List for League Of List Builders you'll get five free videos explaining what League Of List Builders is, save tons with the Super Early Bird Special when the registration doors open, and hear past student success stories who made League Of List Builders truly work for them.

Go to [www.LeagueOfListBuilders.com](http://www.LeagueOfListBuilders.com) to sign up for the VIP Wait List.

I look forward to welcoming you on the other side.

Looking to the future you can see for yourself in this workbook on the very first page - your life in weeks - that you have a limited amount of time to create as much freedom as you want.

Now its your job to master your time, so time doesn't master you.

And somehow I think you'll do just that. After all, you now have your optimised morning, workday, and evening routines. You are on your way to the most boosted productivity days, weeks, and months of your life.

And if you're feeling extra special, feel free to put those optimised routines into your calendar - whether it be an online calendar or a written out planner - to really set it in stone.

I wish you much success and tons of productivity.

In gratitude,

*Jonathan*